

The Biomechanical Relevance of the Mathematical Models of Torque-Angle and Torque-Velocity Relationships

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Mathematical models of torque-velocity and torque-angle relationships on different muscle groups and joints allow at least two things: (1) to generate and analyze characteristic curves based on experimental data and to assess their dynamics during neurogenic or myogenic dysfunctions, or to use them as a criterion for the changes in the level of training; and (2) to generate the predictive torque equations for various joints. Based on our previous studies [1-2] and on the classical force-velocity relationship of Hill [3], in this report we discuss the biomechanical relevance of mathematical models of torque-velocity and torque-angle relationships with polynomials, cubic splines and exponential functions. The cases concern different muscle groups and joints, as well as a comparative analysis of data between trained and untrained subjects, demonstrating the possibilities of mathematical modelling to differentiate the changes in the force profile of skeletal muscles as a response to long-term adaptation to training.

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[2] Kanelov I., Koroleova G., Milanov P. Pencheva N. (2016) Impact of the joint angular positions on the peak torque of elbow flexors and extensors in healthy males. Research in Kinesiology, (in press).

[3] Hill A. V. (1938) The heat of shortening and the dynamic constraints of muscle, Proc.Royal Soc. B: Biological Sciences, 126 (843) 136-195